

Saber University

August Professional

Development Highlights

The Power of Listening

Listening is one of the most important skills we can develop in the workplace. It impacts how we communicate, collaborate, solve problems, and support one another every day. Whether we are working with a teammate, supporting those we serve, or partnering with others across the organization, the way we listen can make a meaningful difference.

Effective listening is more than simply hearing words. It means being present, showing respect, and making an effort to understand another person's perspective. When people feel heard and valued, it strengthens relationships, builds trust, and creates a more positive work environment.

Every team member has the opportunity to practice strong leadership behaviors, and listening is one of the most powerful. Taking time to understand a coworker's ideas, asking thoughtful questions, and being open to different viewpoints helps create stronger teams and better outcomes.

August Saber University Focus

This month, Saber University is highlighting how to Listen First, Understand Better and Work Stronger. Discover how to strengthen how we communicate with others.

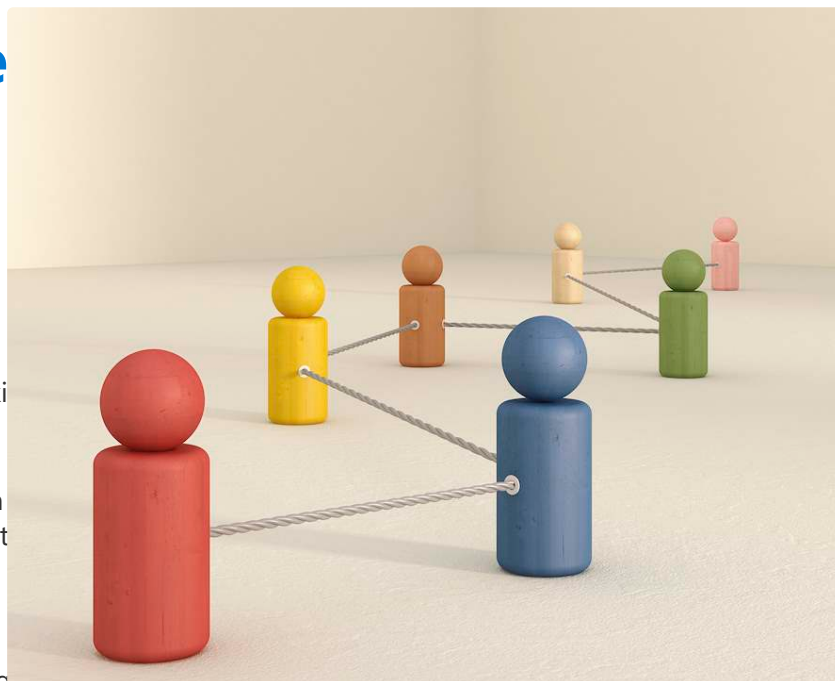
Visit www.SaberUniversity.com to explore this month's featured resources, quick reads and learning opportunities.

Take a Deeper Dive Communicate with Confidence

Want to Keep Building Your Communication Skills? Looking for more ways to strengthen how you listen, connect, and communicate with others? Check out the Saber University Communication page: [Communicate with Confidence](#) for quick tips and practical tools you can use every day.

In just 15 minutes, you'll learn simple ways to improve conversations, avoid misunderstandings, build stronger relationships, and make sure your message is heard. Whether you're talking with a resident, a family member, or a team member, small changes in how we communicate can make a big difference.

Check Out [Communicate with Confidence](#) → [HERE](#)



Mark Your Calendars For These Exciting August Webinars

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Emergency Communication in Senior Living: Strengthening Response, Reliability and Readiness

Learn how communication infrastructure changes affect emergency communication, and explore best practices for testing, monitoring, compliance, and reliability.

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From Bust to Productive: Using AI to focus on what Matters

NAB CEs: 1.00 CE

This session offers practical ways to use AI to streamline workflows, reduce administrative tasks, and support real-time professional development while maintaining ethical decision-making.

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Navigating the New Era of SNF Payment

Join industry experts to explore the evolving skilled nursing reimbursement landscape, including SNF PPS updates, value-based care initiatives, and strategies to strengthen documentation, improve outcomes, and navigate payment changes.

Interested in upcoming webinars and CEU opportunities or want to catch up on past sessions at your own pace?

Visit www.SaberUniversity.com

August On Demand Learning

Listen & Learn This Month

This month's Professional Development focus is The Power of Listening. Strong communication starts with the ability to truly hear and understand others. Whether you are working with a teammate, supporting those we serve, or collaborating across the organization, listening helps build trust, strengthen relationships, and create more connected teams.

Podcasts and recorded conversations are a simple way to continue learning wherever you are, whether you're commuting, taking a walk, or making time for personal growth.

The Happiness Lab: How to Listen Better

Dr. Laurie Santos

[Listen Now](#) ⌚ 43 min

Hidden Brain Staff: Are You Listening

[Listen Now](#) ⌚ 50 min

The Art of Listening

Simon Sinek

[Listen Now](#) ⌚ 5 min