

May Professional Development Highlights

Small Steps. Meaningful Purpose.

May is a reminder that progress doesn't have to be loud to be meaningful. Often, it's the consistent, thoughtful steps we take each day that create lasting impact- personally and professionally.

This month's learning opportunities are designed to support just that. Through practical webinars and focused development topics, you'll find ways to strengthen your skills, refine your approach, and continue growing with purpose in your role.

Saber University remains available whenever it fits your schedule, offering on-demand resources that allow you to grow steadily, intentionally, and at your own pace.

As you look ahead this month, choose the opportunities that matter most to you. One step at a time, those choices add up to meaningful progress.

What's Next for You?

Have you ever wondered what's next in your career or felt unsure about opportunities for growth within Saber? **Saber University** was created for all Saber affiliated team members to provide the resources and support needed to grow whether its professionally or personally.

One of those resources is **Growth Roadmaps**, designed to help you see what's possible and take clear, intentional steps toward your professional goals.

If you've been feeling stuck, this is a chance to take control of what's next.

→ [Career Growth Map | Saber University](#)



Mark Your Calendars

for these exciting May Webinars & CEUs

12

14

14

May

Nursing Home Emergency Preparedness Cant Wait

• 4:00 PM

This Coalition Conversation will take a practical look at what it really takes for nursing homes to be prepared when emergencies happen. Using real-world examples, the discussion will focus on the unique challenges nursing homes face and how teamwork between care teams, public safety, and health leaders makes a difference. Attendees will leave with simple, actionable takeaways they can use to strengthen preparedness in their own communities.

May

Delegate to Elevate

• 1:00 PM

Delegate to Elevate gives leaders a simple, practical way to figure out what to delegate, who to involve, and how to set their team up for success. Using the 5 Cs of Delegation Capability, Context, Clarity, Confidence, and Check In this session focuses on growing talent, easing overload, and building a culture of trust and empowerment.

May

Mental Health Matters: Strategies for Balance and Resilience

• 1:00 PM

Explore how value-based care, accelerating AI adoption, and a new tech-forward workforce are driving unprecedented change across our industry. Learn how leading organizations are redefining "better" through process-first thinking to strengthen outcomes, boost reimbursement opportunities, and ensure faster, more lasting adoption of technology across clinical and operational teams.

Interested in other professional development opportunities?

Check out what's new on Saber University! Webinars and CEUs are updated monthly to help you stay current and continue growing in your role.

→ [Saber University Home](#)

Listen & Learn This Month

Looking for development on the go? Explore podcasts and recorded webinars focused on leadership, resilience and communication whenever it fits your schedule.

How To Handle Difficult People & Take Back Your Peace and Power

Mel Robbins and Jefferson Fisher

[Listen Now](#)

Great Leaders INSPIRE Others To DO Great Things

Simon Sinek

[Great Leaders INSPIRE Others To Do Great Things](#)

How to be Instantly More Confident at Work

Jefferson Fisher and AdviceWithErin

[Erin McGoff: How to be Instantly More Confident at Work](#)

How to Articulate Your Thoughts More Clearly than 99% of People

Leila Hormozi

[How to Articulate Your Thoughts More Clearly Than 99% of People](#)